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| E.A.S.T. RENEWAL FORM 2018***Please indicate, by highlighting or underling, any changes to previous information we hold for you.*** |
| **STEP 1** | **Complete personal details** | Name: Best contact tel: Email: Address: Postcode: Next of Kin: Next of Kin contact:  |
| **STEP** **2** | **Choose****Swim England Category**Indicate in box | **Cat 1**(Non-Competitive)**Action**: Pay EAST£45.40 | **Cat 2**(Competitive)**Action:** Pay EAST£62.70 | **Cat 3**(Coaches/Timekeeprs/ Officials**Action:**Pay EAST£36.50 | **Cat 0**(Other Main Club)**Please specify club name**:\_\_\_\_\_\_\_\_**Action:** Pay EAST£30.00  | **For cheque/****Bank Transfer use reference:**NameCat#eg. **JoeBloggsCat2** |
| **STEP 3** | **Choose** **Tariff**Indicate in box | **Voucher**(Max 12 pa)**Action:**Buy voucher book | **SO £25****Action:** Set up Standing Order £25 pcm | **SO £35****Action:** Set up Standing Order £35 pcm | **For Bank Transfer use reference:**NameSO## eg. JoeBloggsSO35 |
| **STEP 4** | **Please return to Jane Taylor @**45 Cairns Court, Norwich, NR4 7PT or (preferred) membership@swallowtails.co.uk |
| **Online Banking: Lloyds TSB *Sort Code*: 77-66-38 *Account No*: 11643260** ***Account Name*: EAST.** **Cheque: E.A.S.T** |

Please remember to advise your coach in confidence of any medical issues they may need to know. Thankyou!